



Please Adhere To Our WELLNESS PROTOCOL

Mask ON before & after class.

Mask OFF during class.

Wash/Sanitize hands BEFORE & AFTER class.

1

Bring Your Own Mat

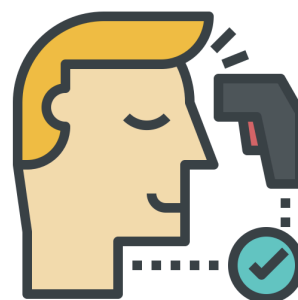
If you don't have one, please purchase from us.



3

Temperature Check

Our instructor in-charge will do that for you BEFORE class, so do be early



2

Arrive 10-15 mins BEFORE class

Scan the QR Code before entering the studio.

Please download MySejahtera App if your phone does not have QR Code Scanner

4

Arrange Your Mat

Please arrange according to mat markers



SCAN WITH MYSEJAHTERA APP TO CHECK-IN



Location

Prana Yoga KL

For non-MySejahtera users, please scan using your camera or QR code reader

5

Sanitize Hard Props After Class with Cleaning Solution Provided

Hard Props refer to Yoga Blocks, Chairs, Fitness Ball, Foam Rollers etc. You can also BYO props

